



Edition 01

FALLING in LOVE as a teenager?

As a teenager, you're actually capable of "falling in love." However, at this stage of your life, there are certain things you're not allowed to do, not because you can't do them, but because you're not prepared to handle the responsibility that comes with them. "Falling in love" is one of such things. Your teenage years are your time of preparation for a glorious future, and even though you're

capable of being in love with someone, you're not expected to. Let's review certain reasons why you shouldn't fall in love at this stage.

You Need Maturity And Emotional Stability

Being in love with someone requires spiritual as well as mental and emotional maturity and

stability, which you don't yet have as a teenager. Even though you have the physical (and emotional) abilities to fall in love and have such a relationship with someone, you're not yet mature enough to handle it, but that maturity will come in time.



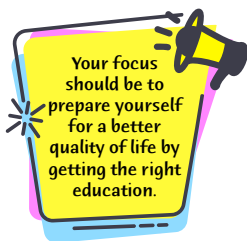
Not Yet Time

As I said earlier, this stage of your life is your time of preparation. Your focus should be to prepare yourself for a better quality of life by getting the right education. This is why, for example, you're not allowed to give up schooling to take up a job. Now, there are those who would get a job or even get married as teenagers, for unique reasons. Such cases are the exception; we're, however, dealing with the generality of what should obtain at this period of life.



How About The Attraction?

You may say, "But I really like him and he likes me too; we're attracted to each other." There's nothing wrong with you being attracted to someone; what counts is what you do with the attraction.



For instance, you may see some money that doesn't belong to you and are drawn to it; the money is not a problem, nor is your attraction to it. The problem would be if that attraction results in you taking the money for yourself. That'll make you a thief, and you can be sent to jail for stealing. So, you don't become emotionally involved with somebody just because you had strong feelings for him or her. Those feelings only tell you that you're developing and maturing into an adult.

You may say, "I think about him all the time." "I see her in my dreams." "I hear his voice even when he's not there." "I'm so in love, I can't help it!" Yes, you can! Those are pressures from your emotions, but you can rein them in and bring them under control. That's why God gave you self-control as a fruit of your spirit. So when those feelings come, you say to yourself, "I have self-control;

I can control my mind, my thoughts, my emotions, and my body." You say that because your confessions dictate the direction of your life. If you say you have no control, you'll lose control; but if you declare, in line with God's Word, that you have self-control, you'll always be in control and not be driven by your emotions and raging hormones.



Testimonies **from** **TAKE5 ON THE MIC**

Congratulations to this teens' radio show, "Take 5." It's a great pointer for me and my siblings, especially the topic of the teens' segment, "Can a teenager fall in love?" I have had this heated argument with my elder sister because she's just 18 and she is just talking about marriage, not even dating. I have prayed and prayed on her behalf, but thank God we were having lunch together, and boom! This show came up on her own phone. I pray she totally adheres to the advice. Please pray for us and her especially; her lifestyle has become a worry to my parents lately, even though she went to church on Sunday after 11 months and after listening to this show on the radio. God bless you.

Aaron Steve, UK

Prayer of Salvation

We trust you've been blessed by this material. We invite you to make Jesus Christ the Lord of your life by praying thus:

"O Lord God, I believe with all my heart in Jesus Christ, Son of the living God. I believe He died for me and God raised Him from the dead. I believe He's alive today. I confess with my mouth that Jesus Christ is the Lord of my life from this day. Through Him and in His Name, I have eternal life; I'm born again. Thank you Lord, for saving my soul! I'm now a child of God. Hallelujah!"

Congratulations! You're now a child of God. To receive more information on how you can grow as a Christian, please get in touch with us through any of the contacts below:

Visit the Take5 web page on www.teevotogo.org for more details Take5

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